

ALICE PERKINS CB

OVERALL

Alice has been a business coach for the last ten years working with top leaders, primarily in the private sector. In this period she has also had a wide variety of Non-Executive roles, including four years as Chairman of the newly independent Post Office.

In her coaching, Alice draws on her experience in running complex federated parts of Government; at Board level in FTSE companies as well as at Oxford University and the BBC; and her expertise in people and change management.

Listening to others, keeping confidences and creating trust while challenging assumptions have been hallmarks of Alice's style throughout her professional life. Being coached herself transformed her view of the possibilities open to her. Having realised its value she decided to train as a coach herself when she left the Civil Service to embark on a new chapter in her career.

She supports her clients in making lasting improvements in their effectiveness by helping them understand their impact on others, optimise their key relationships, prioritise their time and see their worlds in new ways; and by flexing her style to suit them and their circumstances.

Alice has also developed expertise in governance and Board reviews. She has conducted a number of independent evaluations of company Boards, including in the FTSE 50, as well as for leading institutions in the not for profit sector.

EXPERIENCE

Alice trained as a business coach with The School of Coaching and then with Meyler Campbell, where she subsequently joined the Faculty, training potential business coaches.

She has been a Non-Executive Director on the Boards of The Littlewoods Organisation, BAA and Taylor Nelson Sofres, where she was also Chair of the Remuneration Committee. She was Chairman of The Post Office from July 2011 to July 2015, overseeing its establishment as a company in its own right, building its Board and governance from scratch and halving its deficit. She has also been one of four external members of Oxford University Council (the University's Governing Body) and is currently a Non-Executive Director on the BBC's Executive Board.

Prior to 2005, Alice spent her executive career in the Civil Service. Between 2000 and 2005, she was the Civil Service's Group HR Director working for two successive Cabinet Secretaries (Sir Richard Wilson and Sir Andrew Turnbull) in their role as Head of the Civil Service. In that capacity, she led the opening up of the top echelons of the Civil Service to people from other walks of life, worked to diversify the Senior Civil Service and introduced new development schemes for people on their way to the top.

Before that she worked in the Cabinet Office, Treasury, and Departments of Health and Social Security in policy making, operational and resource management roles. For 10 years she worked a 4 day week to spend more time with her two young children.

PROFESSIONAL EXPERTISE AND QUALIFICATIONS

2009	Completed Meyler Campbell Business Coach Programme (WABC accredited)
2008	Qualified as a Myers Briggs assessor (OPP)
2007	Certificate of Professional Development in Executive Coaching, University of Strathclyde
2006	Elected Honorary Fellow of St Anne's College, Oxford
2005	Elected Companion Chartered Management Institute
2002	Elected Fellow CIPD
1995	Economics to BA level, Birkbeck College
1971	BA Modern History, St Anne's College, Oxford

ELSEWHERE

In her spare time, Alice cultivates her cottage garden in the Cotswolds and enjoys long walks in the country. She is married with two grown-up children and four grandsons.

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